

Stereotactic Breast Biopsy

Patient Information

How do I prepare for this biopsy?

Your referring physician will give you a list of medications and/or supplements that you should not take for 5-7 days prior to your biopsy. You need to bring a responsible adult driver to accompany you home from your procedure. You can eat a light breakfast prior to your appointment, and resume your regular diet after the completion of the procedure.

What is a Stereotactic Breast Biopsy?

A stereotactic breast biopsy is a procedure that is performed to obtain samples of breast tissue for testing. The samples are obtained by a combination of digital imaging on the breast to first determine the exact location for biopsy, and the extraction of tissue. The procedure is performed with the patient resting face down on a specially designed padded table that allows the physician to access the breast through an opening. The Radiologist will first inject a small amount of numbing medication into the area of the breast where the biopsy is to be done. A needle will then be inserted into the area that is to be biopsied, and several small amounts of tissue will be removed via suction. Images of the tissue that has been removed will be taken and observed by the Radiologist. When the Radiologist feels that the area of interest has been removed, the excision site will be bandaged and the patient will be discharged to go home.

When should I arrive?

You will need to arrive approximately one hour prior to your appointment time for registration and preparation.

Do I need to bring my order with me?

Some doctor's offices will have the patient bring orders with them, while others choose to send the orders ahead of time. You need to ask this question at your doctor's office when your procedure is being scheduled.

How and when will I get the results of my biopsy?

The physician's office that scheduled the biopsy will give you the results as soon as the pathology report becomes available to them.



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