

# Ultrasound Endovaginal Non-OB

# Patient Information

## WHAT IS ULTRASOUND?

Medical Ultrasound is a diagnostic imaging technique that uses sound waves to visualize soft tissue structures and vessels. Since it uses sound waves and not radiation to obtain images of your internal organs, it is deemed safe for use in evaluating pregnant women and patients of all ages. Ultrasound gel is used to conduct the sound waves into the body and to allow the return of those sound waves to produce an image. Vaginal ultrasound involves the insertion of an ultrasound probe into the vagina. The tip of the probe is rounded or oblong in shape. A protective cover is placed over the probe, which is then lubricated to ease insertion and provide better contact with your body for improved image quality. The probe is inserted into the vagina by the sonographer, or you may be asked to insert it yourself. It is inserted much like a tampon would be inserted.

## HOW TO PREPARE FOR YOUR PROCEDURE:

You must have a referring physician's order. The physician's office may fax the order to our facility prior to your appointment. Please bring a list of your medications with you.

## WHAT TO EXPECT WHEN YOU ARRIVE:

All patients must register 15-30 minutes prior to the scheduled exam appointment time. There is no special preparation for this exam. You may empty your bladder before the start of the exam.

## RECOVERY / HOME:

You will be able to resume all normal activities upon completion of your ultrasound exam. The radiologist will interpret the exam and send the results to your physician.